

THE SENIOR CENTER CALENDAR OF EVENTS – DECEMBER 2013

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>8:45 Aerobics 2 9:00 SilverStriders 9:00 - 2:30 Art Group 9:00 - 11:00 Crochet 11:00 Funtime Cheerleading 12:30 Slow-moving Exercise</p>	<p>9:00 Needlework 3 10:00 -11:00 Computer Assistance 10:00 Yoga 10:00 CARDS, COCOA & CIDER</p>	<p>8:30 Wednesday Walk 4 8:45 Aerobics 9:00 Stitchery 10:00 Line Dancing 10:30 PEN PALS 12:30 Oil Art Group 12:30 Slow-moving Exercise</p>	<p>9:00 Needlework 5 10:30 CHRISTMAS CRAFT TIME WITH LAVADA WALL 12:00 – 4:00 Bridge 12:30 – 2:00 Computer Assistance 1:00 JUST DANCE</p>	<p>8:45 Aerobics 6 9:00 SilverStriders 10:00 Fun/Fellowship/Singing 10:00 LETS MAKE A GINGER-BREAD HOUSE 12:30 Slow-moving Exercise</p>
<p>8:45 Aerobics 9 9-11 BLOOD PRESSURE CHECK 9:00 SilverStriders 9:00 - 2:30 Art Group 9:00 -11:00 Crochet 9:30 RECIPE CLUB 10:30 MV-R 1ST & 2ND GRADES MUSICAL PERFORMANCE 11:00 Funtime Cheerleading 12:30 Slow-moving Exercise</p>	<p>9:00 Needlework 10 10:00 -11:00 Computer Assistance 10:00 Yoga 10:30 CHASE HIGH JAZZ BAND MUSICAL PERFORMANCE 1:00 CANDY CANE BINGO</p>	<p>8:30 Wednesday Walk 11 8:45 Aerobics 9:00 Stitchery 10:00 Line Dancing 10:30 SPINDALE 4TH & 5TH GRADES MUSICAL PERFORMANCE 12:30 Oil Art Group 12:30 Slow-moving Exercise</p>	<p>9:00 Needlework 12 10:30 CRAFTING w/CRYSTAL 12:00 – 4:00 Bridge 12:30 – 2:00 Computer Assistance 1:00 JUST DANCE</p> <div style="border: 1px solid red; padding: 5px; text-align: center; color: red;"> 8:45 TRIP TO HAMRICK'S & OUTLET MALL </div>	<p>8:45 Aerobics 13 9:00 SilverStriders 10:00 Fun/Fellowship/Singing 10:00 PEN PAL'S CHRISTMAS PARTY 12:30 Slow-moving Exercise 1:00 TABLE TENNIS</p>
<div style="border: 1px solid red; padding: 10px; text-align: center; color: red;"> SENIOR CENTER CLOSED (STAFF TRAINING DAY) </div> <p style="text-align: right;">16</p>	<p>9:00 Needlework 17 10:00 -11:00 Computer Assistance 10:00 Yoga 10:30 CHASE MIDDLE 6TH GRADE CHORUS GROUP 11:15 RFD CO DANCING w/THE STARS WINNERS – KEITH & COURTNEY PERFORMANCE</p>	<p>8:30 Wednesday Walk 18 8:45 Aerobics 9:00 Stitchery 9:30 CHRISTMAS TEA PARTY 10:00 Line Dancing 10:30 ELLENBORO 2ND GRADE MUSICAL PERFORMANCE 12:30 Oil Art Group 12:30 Slow-moving Exercise</p>	<p>9:00 Needlework 19 10:30 BURNS MIDDLE 8TH GRADE CHORUS 12:00 – 4:00 Bridge 12:30 – 2:00 Computer Assistance 1:00 JUST DANCE</p> <div style="border: 1px solid red; padding: 5px; text-align: center; color: red;"> CHRISTMAS RECEPTION 2:30 – 4:00 </div>	<p>8:45 Aerobics 20 9:00 SilverStriders 10:00 Fun/Fellowship/Singing 10:30 BOOK CLUB 12:30 Slow-moving Exercise 1:00 TABLE TENNIS</p> <p style="text-align: right;"><i>First Day of Winter (tomorrow)</i></p>
<p>8:45 Aerobics 23 9:00 SilverStriders 9:00 - 2:30 Art Group CANCELLED 9:00 - 11:00 Crochet 11:00 Funtime Cheerleading 12:30 Slow-moving Exercise</p>	<p style="text-align: center;">CLOSED FOR CHRISTMAS</p> <div style="text-align: center;">  <p style="font-size: small;">Twas the Night before Christmas ...</p> </div>	<p style="text-align: center;">CLOSED FOR CHRISTMAS</p> <div style="text-align: center;">  <p style="font-size: small;">Merry Christmas</p> </div>	<p style="text-align: center;">CLOSED FOR CHRISTMAS</p> <div style="text-align: center;">  </div>	<p>8:45 Aerobics 27 9:00 SilverStriders 10:00 Fun/Fellowship/Singing 12:30 Slow-moving Exercise 1:00 Wii FUN</p>
<p>8:45 Aerobics 30 9:00 SilverStriders 9:00 - 2:30 Art Group 9:00 - 11:00 Crochet 11:00 Funtime Cheerleading 12:30 Slow-moving Exercise</p>	<p>9:00 Needlework 31 10:00 -11:00 Computer Assistance 10:00 Yoga CANCELLED 11:15 CHAIR EXERCISE 11:30 BIRTHDAY RECOGNITION 1:00 Wii FUN</p>	<p style="text-align: center;">Wednesday, January 1</p> <p style="text-align: center;">CLOSED NEW YEAR'S DAY</p> <div style="text-align: center;">  </div>	<p style="text-align: center;">FOR ADDITIONAL INFORMATION OR TO MAKE AN APPOINTMENT WITH A SHIP COUNSELOR TO DISCUSS MEDICARE CALL 287-6409</p>	<p style="text-align: center;">Friday, January 3</p> <p style="text-align: center;">NEW YEAR'S DANCE 6:00 -9:00 p.m.</p> <div style="text-align: center;">  </div>

HOURS OF OPERATION: MONDAY 7:30 a.m. – 5:00 p.m. TUESDAY – FRIDAY 8:30 a.m. – 5:00 p.m.

DAILY DROP-IN EVENTS INCLUDE: Billiards, Board Games, Bocce Ball, Horseshoes, Table Tennis, Playing Cards, Walking Trail, Shuffleboard, Newspaper & Magazines, Coupon Room, Computer Lab, Chair Fitness Videos, Exercise Equipment, TV & Conversation, Library, Puzzles **SERVICES INCLUDE:** Medical Equipment, Public Transportation Stop