

THE SENIOR CENTER CALENDAR – JANUARY 2013

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY																
<p>For Additional Information Call 287-6409</p> <p>-----</p> <p>ALL YOGA CLASSES CANCELLED IN JANUARY</p>	<p>1</p> <p>CLOSED</p> <p>NEW YEAR'S DAY</p> 	<p>2</p> <p>8:30 Wednesday Walk</p> <p>8:45 Aerobics</p> <p>9:00 Stitchery</p> <p>10:00 Line Dancing</p> <p>10:30 NEW YEAR'S HOPE'S FOR 2013</p> <p>12:30 Art Group</p> <p>12:30 Slow-moving Exercise</p>	<p>3</p> <p>9:00 Needlework</p> <p>10:30 CHAIR VOLLEYBALL</p> <p>12:00 – 4:00 Bridge</p> <p>12:30 – 2:00 Computer Class</p> <p>1:00 TABLE TENNIS</p>	<p>4</p> <p>8:45 Aerobics</p> <p>9:00 SilverStriders</p> <p>10:00 Fun/Fellowship/Singing</p> <p>11:15 CHAIR EXERCISE</p> <p>12:30 Slow-moving Exercise</p> <p style="text-align: center;">GUESS FIRST SNOW OF 2013 (ALL DAY)</p>																
ELVIS WEEK (January 7 – 11)																				
<p>7</p> <p>8:45 Aerobics</p> <p>9:00 SilverStriders</p> <p>9:00 Art Group</p> <p>9:00 - 11:00 Crochet</p> <p>11:00 Funtime Cheerleading</p> <p>12:30 Slow-moving Exercise</p> <p>1:00 Oil Art Group</p>	<p>8</p> <p>9:00 Needlework</p> <p>10:00 -11:00 Computer Class</p> <p>10:30 ELVIS TRIVIA FUN</p> <p>1:00 DIABETIC SUPPORT GROUP (LESLEY KOONCE)</p>	<p>9</p> <p>8:30 Wednesday Walk</p> <p>8:45 Aerobics</p> <p>9:00 Stitchery</p> <p>10:00 Line Dancing</p> <p>10:30 ELVIS MOVIE & MUSIC TRIVIA FUN</p> <p>12:30 Art Group</p> <p>12:30 Slow-moving Exercise</p>	<p>10</p> <p>9:00 Needlework</p> <p>10:30 ELVIS MUSICAL PERFORMANCE</p> <p>12:00 – 4:00 Bridge</p> <p>12:30 – 2:00 Computer Class</p> <p>1:00 Wii FUN</p>	<p>11</p> <p>8:45 Aerobics</p> <p>9:00 SilverStriders</p> <p>10:00 Fun/Fellowship/Singing</p> <p>12:30 Slow-moving Exercise</p> <p>1:00 ELVIS MOVIE</p>																
<p>14</p> <p>8:45 Aerobics</p> <p>9-11 BLOOD PRESSURE CHECK</p> <p>9:00 SilverStriders</p> <p>9:00 Art Group</p> <p>9:00-11:00 Crochet</p> <p>10:30 RECIPE CLUB</p> <p>11:00 Funtime Cheerleading</p> <p>12:30 Slow-moving Exercise</p> <p>1:00 Oil Art Group</p>	<p>15</p> <p>9:00 Needlework</p> <p>10:00 -11:00 Computer Class</p> <p>10:30 CRAFT TIME WITH LAVADA WALL</p> <p>1:00 Wii FUN</p>	<p>16</p> <p>8:30 Wednesday Walk</p> <p>8:45 Aerobics</p> <p>9:00 Stitchery</p> <p>9:30 TEA PARTY</p> <p>10:00 Line Dancing</p> <p>12:30 Art Group</p> <p>12:30 Slow-moving Exercise</p> <p>4:00 TRIP TO CREATIVE PACKING (TO MAKE A MESH WREATH)</p>	<p>17</p> <p>9:00 Needlework</p> <p>10:30 PEN PALS</p> <p>12:00 – 4:00 Bridge</p> <p>12:30 – 2:00 Computer Class</p> <p>1:00 Wii FUN</p>	<p>18</p> <p>8:45 Aerobics</p> <p>9:00 SilverStriders</p> <p>10:00 Fun/Fellowship/Singing</p> <p>10:30 BOOK CLUB</p> <p>12:30 Slow-moving Exercise</p>																
<p>21</p> <p>CLOSED</p> <p>IN OBSERVANCE OF</p> <p>MARTIN LUTHER KING</p> <p>DAY</p>	<p>22</p> <p>9:00 Needlework</p> <p>10:00 -11:00 Computer Class</p> <p>10:30 MAKE PINE CONE BIRD FEEDERS</p> <p>1:00 Wii FUN</p>	<p>23</p> <p>8:30 Wednesday Walk</p> <p>8:45 Aerobics</p> <p>9:00 Stitchery</p> <p>10:00 Line Dancing</p> <p>10:30 MEDICAL SPEAKER (DR. GLOVER LITTLE)</p> <p>12:30 Art Group</p> <p>12:30 Slow-moving Exercise</p>	<p>24</p> <p>9:00 Needlework</p> <p>10:30 NATIONAL BELLY LAUGH DAY</p> <p>12:00 – 4:00 Bridge</p> <p>12:30 – 2:00 Computer Class</p> <p>1:00 Wii FUN</p>	<p>25</p> <p>8:45 Aerobics</p> <p>9:00 SilverStriders</p> <p>10:00 Fun/Fellowship/Singing</p> <p>11:15 CHAIR EXERCISE</p> <p>12:30 Slow-moving Exercise</p>																
<p>28</p> <p>8:45 Aerobics</p> <p>9:00 SilverStriders</p> <p>9:00 Art Group</p> <p>9:00-11:00 Crochet</p> <p>11:00 Funtime Cheerleading</p> <p>12:30 Slow-moving Exercise</p> <p>1:00 Oil Art Group</p>	<p>29</p> <p>9:00 Needlework</p> <p>10:00 -11:00 Computer Class</p> <p>10:30 WHAT IS IN YOUR POCKET OR POCKETBOOK GAME</p> <p>1:00 Wii FUN</p>	<p>30</p> <p>8:30 Wednesday Walk</p> <p>8:45 Aerobics</p> <p>9:00 Stitchery</p> <p>10:00 Line Dancing</p> <p>10:30 LET'S GET ORGANIZED (TRACY DAVIS)</p> <p>12:30 Art Group</p> <p>12:30 Slow-moving Exercise</p>	<p>31</p> <p>9:00 Needlework</p> <p>12:00 – 4:00 Bridge</p> <p>12:30 – 2:00 Computer Class</p> <p>1:00 TABLE TENNIS</p> <p style="text-align: center;">NATIONAL COMPLIMENT DAY</p>	<p>DAILY: 8:30 – 5:00</p> <table style="width: 100%; border: none;"> <tr> <td>Billiards</td> <td>Table Tennis</td> </tr> <tr> <td>Board Games</td> <td>Playing Cards</td> </tr> <tr> <td>Bocce Ball</td> <td>Walking Trail</td> </tr> <tr> <td>Horseshoes</td> <td>Exercise Equip.</td> </tr> <tr> <td>Shuffleboard</td> <td>Computer Lab</td> </tr> <tr> <td>TV Available</td> <td>Coupon Room</td> </tr> <tr> <td>Newspaper</td> <td>Magazines</td> </tr> <tr> <td>Conversation</td> <td>Med. Equip.</td> </tr> </table>	Billiards	Table Tennis	Board Games	Playing Cards	Bocce Ball	Walking Trail	Horseshoes	Exercise Equip.	Shuffleboard	Computer Lab	TV Available	Coupon Room	Newspaper	Magazines	Conversation	Med. Equip.
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