

**THE SENIOR CENTER CALENDAR – MAY 2013**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p align="center"><b>DAILY EVENTS:</b></p> <p>Billiards      Table Tennis                      Board Games    Playing Cards                      Bocce Ball      Walking Trail                      Horseshoes     Exercise Equipment                      Shuffleboard    Computer Lab                      TV &amp; Conversation    Coupon Room                      Newspaper      Magazines                      Puzzles          Library</p>	<p align="center"><b>HOURS OF OPERATION:</b>                      7:30 a.m. – 5:00 p.m. every Monday                      8:30 a.m. – 5:00 p.m. Tuesday-Friday</p> <p align="center"><b>FOR ADDITION INFORMATION                      CALL: 287-6409</b></p>	<p align="center"><b>1</b></p> <p>8:30 Wednesday Walk                      8:45 Aerobics                      9:00 Stitchery                      10:00 Line Dancing                      12:30 Oil Art Group                      12:30 Slow-moving Exercise</p>	<p align="center"><b>2</b></p> <p>9:00 Needlework  <b>10:30 CRAFT TIME WITH LAVADA WALL</b>                      12:00 – 4:00 Bridge  <b>1:00 “JUST DANCE” (NEW ACTIVITY)</b></p>	<p align="center"><b>3</b></p> <p>8:45 Aerobics                      9:00 SilverStriders                      10:00 Fun/Fellowship/Singing                      12:30 Slow-moving Exercise  <b>6:00 SENIOR GAMES CLOSING CERMONY/AWARDS &amp; “JUST DESSERTS”</b></p>
<p align="center"><b>6</b></p> <p>8:45 Aerobics  <b>9:00-11:00 CLASS: MAKING A VICTORIAN CHRISTENING GOWN</b>                      9:00 SilverStriders                      9:00 - 2:30 Art Group                      9:00 -11:00 Crochet                      11:00 Funtime Cheerleading                      12:30 Slow-moving Exercise  <b>1:00 PLAY AUDITIONS</b></p>	<p align="center"><b>7</b></p> <p>9:00 Needlework  <b>9:00-11:00 (cont.) CLASS: MAKING A VICTORIAN CHRISTENING GOWN</b>                      10:00-11:00 Computer Assistance                      10:00 Yoga  <b>10:30 “WHAT WOULD MOM DO?”</b>  <b>11:15 CHAIR EXERCISE</b>  <b>1:00 BINGO</b></p>	<p align="center"><b>8</b></p> <p>8:30 Wednesday Walk                      8:45 Aerobics  <b>9:00-11:00 (cont.) CLASS: MAKING A VICTORIAN CHRISTENING GOWN</b>                      9:00 Stitchery                      10:00 Line Dancing  <b>10:00 PEN PALS</b>  <b>10:30 PROGRAM - COMEDY/MUSIC</b>                      12:30 Oil Art Group                      12:30 Slow-moving Exercise</p>	<p align="center"><b>9</b></p> <p>9:00 Needlework  <b>10:30 HERBS FOR YOUR KITCHEN</b>  <b>11:15 DRAWING/YARSALE SPACES</b>                      12:00 – 4:00 Bridge                      12:30 – 2:00 Computer Assistance  <b>1:00 “JUST DANCE” (NEW ACTIVITY)</b></p> <p align="center"><b>VOLUNTEER APPRECIATION BREAKFAST                      (8:30-10:00 DROP IN)</b></p>	<p align="center"><b>10</b></p> <p align="center"><b>TAIL-GATE YARD SALE                      (8:00 – 11:00)</b></p> <p>8:45 Aerobics                      9:00 SilverStriders                      10:00 Fun/Fellowship/Singing                      12:30 Slow-moving Exercise  <b>1:00 TABLE TENNIS</b></p> <p align="center"><i>SUNDAY, MAY 12 – HAPPY MOTHER’S DAY</i></p>
<p align="center"><b>13</b></p> <p>8:45 Aerobics  <b>9-11:00 BLOOD PRESSURE CHECK</b>                      9:00 SilverStriders                      9:00 - 2:30 Art Group                      9:00 -11:00 Crochet                      11:00 Funtime Cheerleading                      12:30 Slow-moving Exercise  <b>12:30 PLAY REHEARSAL</b>  <b>1:00 ICE CREAM SHOP</b></p>	<p align="center"><b>14</b></p> <p>9:00 Needlework  <b>9:00-11:15 SCAM JAM – “PROTECT YOUR FINANCIAL FUTURE”; “SWEEPSTAKES, CHARITIES &amp; HOME REPAIR SCAMS”; &amp; LOCAL SCAMS</b>                      10:00-11:00 Computer Assistance                      10:00 Yoga  <b>12:30 PLAY REHEARSAL</b>  <b>1:00 DIABETIC SUPPORT GROUP</b>  <b>5:15 MEET &amp; EAT - LEGAL GROUNDS</b></p>	<p align="center"><b>15</b></p> <p>8:30 Wednesday Walk                      8:45 Aerobics                      9:00 Stitchery  <b>9:30 TEA PARTY</b>                      10:00 Line Dancing  <b>10:30 CAROLINA SINGERS/DANCERS</b>  <b>11:15 CHAIR EXERCISE</b>                      12:30 Oil Art Group                      12:30 Slow-moving Exercise  <b>12:30 PLAY REHEARSAL</b></p>	<p align="center"><b>16</b></p> <p>9:00 Needlework  <b>10:30 “NAME THAT TUNE”</b>                      12:00 – 4:00 Bridge                      12:30 – 2:00 Computer Assistance  <b>12:30 PLAY REHEARSAL</b>  <b>1:00 “JUST DANCE” (NEW ACTIVITY)</b></p>	<p align="center"><b>17</b></p> <p>8:45 Aerobics                      9:00 SilverStriders  <b>9:30 SENIOR SHINERS – ENTERTAIN AT OAK GROVE</b>                      10:00 Fun/Fellowship/Singing  <b>10:30 BOOK CLUB</b>  <b>11:15 GEORGE STRAIT MUSIC</b>                      12:30 Slow-moving Exercise</p>
<p align="center"><b>20</b></p> <p>8:45 Aerobics                      9:00 SilverStriders                      9:00 - 2:30 Art Group                      9:00 -11:00 Crochet  <b>9:30 RECIPE CLUB</b>  <b>10:30 KINGS MOUNTAIN CHORUS</b>                      11:00 Funtime Cheerleading                      12:30 Slow-moving Exercise  <b>12:30 PLAY REHEARSAL</b></p>	<p align="center"><b>21</b></p> <p>9:00 Needlework                      10:00-11:00 Computer Assistance                      10:00 Yoga  <b>10:00 SWAP EXCHANGE</b>  <b>12:30 CHAIR MASSAGES</b>  <b>12:30 PLAY REHEARSAL</b></p>	<p align="center"><b>22</b></p> <p>8:30 Wednesday Walk                      8:45 Aerobics                      9:00 Stitchery                      10:00 Line Dancing  <b>10:30 PROGRAM - “CARDIAC ARREST AND BASIC LIFE SAVING”</b>                      12:30 Oil Art Group                      12:30 Slow-moving Exercise  <b>12:30 PLAY REHEARSAL</b></p>	<p align="center"><b>23</b></p> <p>9:00 Needlework  <b>10:30 LAKE LURE CLOGGERS</b>                      12:00 – 4:00 Bridge                      12:30 – 2:00 Computer Assistance  <b>12:30 PLAY REHEARSAL</b>  <b>1:00 TRIP TO STRAWBERRY HILL</b>  <b>1:00 “JUST DANCE” (NEW ACTIVITY)</b></p>	<p align="center"><b>24</b></p> <p>8:45 Aerobics                      9:00 SilverStriders                      10:00 Fun/Fellowship/Singing  <b>10:30 COMEDY PROGRAM</b>  <b>11:15 PROGRAM - PISGAH LEGAL EXECUTING A HEALTHCARE POWER OF ATTORNEY/LIVING WILL</b>                      12:30 Slow-moving Exercise  <b>1:00 BUTTERBEAN AUCTION</b></p>
<p align="center"><b>27</b></p> <p align="center"><b>CLOSED IN OBSERVANCE OF MEMORIAL DAY</b></p> 	<p align="center"><b>28</b></p> <p>9:00 Needlework                      10:00-11:00 Computer Assistance                      10:00 Yoga  <b>10:30 PROGRAM - GMO-PART I</b>  <b>12:30 PLAY REHEARSAL</b></p>	<p align="center"><b>29</b></p> <p>8:30 Wednesday Walk                      8:45 Aerobics                      9:00 Stitchery                      10:00 Line Dancing  <b>10:30 PROGRAM - GMO-PART II</b>                      12:30 Oil Art Group                      12:30 Slow-moving Exercise  <b>12:30 PLAY REHEARSAL</b></p>	<p align="center"><b>30</b></p> <p>9:00 Needlework  <b>10:30 UNDERSTANDING HEARING LOSS &amp; EFFECTIVE COMMUNICATION</b>                      12:00 – 4:00 Bridge                      12:30 – 2:00 Computer Assistance  <b>12:30 PLAY REHEARSAL</b>  <b>1:00 “JUST DANCE” (NEW ACTIVITY)</b></p>	<p align="center"><b>31</b></p> <p>8:45 Aerobics                      9:00 SilverStriders                      10:00 Fun/Fellowship/Singing  <b>10:30 PROGRAM - “JOINT REPLACEMENT”</b>  <b>11:30 BIRTHDAY CELEBRATION</b>                      12:30 Slow-moving Exercise</p>

**FRIDAY MAY 31: PISGAH LEGAL MEETING WITH APPLICANTS WHO QUALIFIED FOR SERVICE – APPOINTMENTS REQUIRED**