

TRAUMA & RESILIENCY

Learn about the effects of trauma and Adverse Childhood Experiences (ACEs) and what YOU can do to restore hope and build resiliency.

Tuesday, May 10, 2016

10:00AM-11:30AM

Rutherford Community Health Center
187 W. Main Street—Spindale, NC



Register online:

<http://www.tinyurl.com/Resiliency-Rutherford16>

Toll-Free Access To Services

1-800-849-6127

TTY Call Relay NC at 711



BALANCING

Do you have questions about this or another upcoming event?

Contact Michelle Tyler at 1.800.893.6246 x 5125