

YOUTH MENTAL HEALTH FIRST AID

Thursday, June 30, 2016 –8:30AM-5:00PM*

Steps to Hope

60 Ward Street–Columbus, NC

“Combat
Stigma,
Promote
Wellness,
Help In A
Crisis”

Learn the skills
you need to
help a young
person who is
struggling with
a mental health
or substance
use concern

Do you have
questions about
this or another
upcoming event?

Contact
Michelle Tyler:
1.800.893.6246
ext. 5125

Register
Online:

[http://tinyurl.com/
YMHFA-Polk16](http://tinyurl.com/YMHFA-Polk16)



Toll-Free Access To Services
1-800-849-6127
TTY Call Relay NC at 711

*Please note that this is an 8-hour course and participants must attend the full day to receive a certificate of completion.